

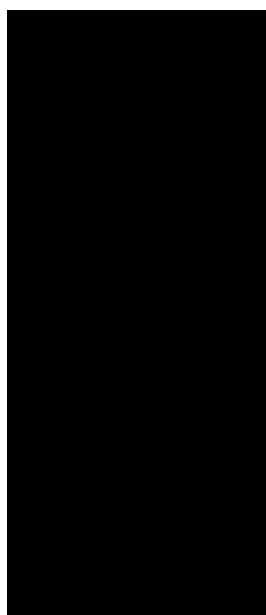


Congratulations, graduates!



June 2020

Your welcome message from Mandy - please share with your student!

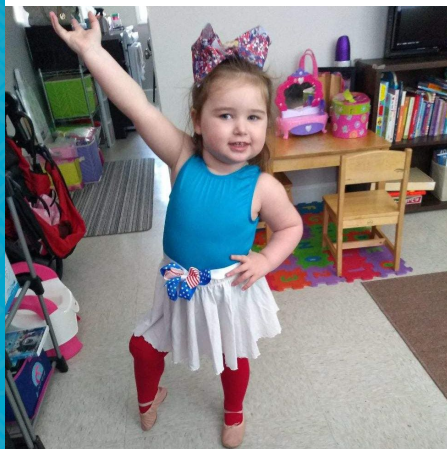
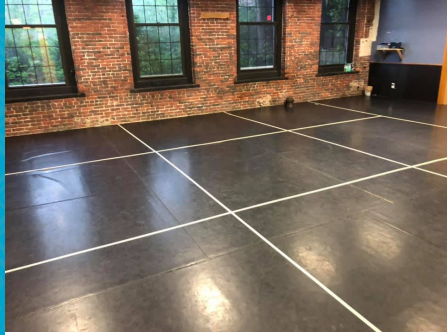


With all my love and gratitude,
Mandy Bartow
Director/Owner

PS - I can't wait to see you in person!

Studio 109 News Nuggets

WE ARE RE-OPENING: We are very excited to be re-opening on June 8. We have guidelines to review and carry out...lots of preparation -- for example: all of our studios have been marked out with 8x8 squares to keep the required 8 feet distance per



the state of NH. As a result, we will be closed from June 1-5 However, we know you want to dance, so we WILL however be offering a wonderful line up of FREE classes for you to take part in (see below).

- **STUDIO 109 GUIDELINES FOR REOPENING** - [click to download](#) and read thoroughly.
- **NEW HAMPSHIRE GUIDELINES/PROCEDURES** - [Click to read!](#) *These must be reviewed by everyone!*
- **WAIVER** - everyone needs to complete/sign the waiver (located on the [Parent Portal](#)) before you come back to the Studio.
- **UPDATED CLASS SCHEDULE** - be sure to [review our updated class schedule](#) (also posted on our website).

All of this information is posted on a NEW page on our website:

www.studio109dance.com/covid-19-guidelines

Above all - remember to **Be Kind!** We are all doing the best we can as we navigate uncharted waters!

FREE ZOOM CLASSES: Check out these extra free Zoom classes we have for you this week. This would have been recital week so get up and dance take these FREE 40min class. A great chance to try a new subject or make sure you're ready to be back in the studio next week!

Mon, June 1st @6pm - **Ballet** with Morgan

- [\(ID 396-655-6063 Password: 109ballet\)](#)

Tues, June 2nd @4pm - **Dance Games and Fun for Intro & Minis/Petites** with Nicole

- [\(ID: 959 6696 4959 Password: 620067\)](#)

Tues, June 2nd @7pm - **Contemporary** with Lauren

- [\(ID: 771 3782 5852, Password: dance\)](#)

Wed, June 3rd @6pm - **Jazz** with Britney

- [\(ID: 810 169 4345, Password: 109\)](#)

Thurs, June 4th @5pm - **Conditioning** with Caitlin

- [\(ID: 440-568-7977 Password: acro109\)](#)

Thurs, June 4th @6:30pm - **Lyrical** with Paislee

- [\(ID: 773-2733-7766 Password: 109er\)](#)

RECITAL:

Our 2020 Recital is slated to take place the last



weekend of June - additional details to follow!

RELAY FOR LIFE: June 20, 2020 - celebrating 20 years in Rochester! Our team, **Tutus for Tatas**, will be hosting a 20 Day Challenge starting on June 1. Be sure to follow the Relay on Facebook for all the fun! Prizes will be involved! We appreciate your love and support!

www.facebook.com/rflrochesternh

RELAY FOR LIFE OF ROCHESTER

20th Virtual Birthday Bash

Opening Ceremony
Survivor Spotlight

Luminaria
Closing Ceremony

Join us for lots of online fun as we celebrate
20 years of Relay for Life in Rochester!



JUNE 20, 2020
3-9pm



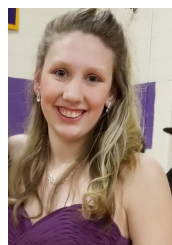
Senior Spotlights - Where Are They Going???



Congratulations to our senior 109ers. Next steps have been decided...on to the next milestone!



HOPE ALDRICH:
Hope will attend Great Bay Community College to start her studies toward being an Occupational Therapist.



MACKENZIE BILODEAU:
Mackenzie will attend New England Technical Institute in the fall.



CHLOE DUCHESNEAU:
Chloe has committed to Southern New Hampshire University to pursue a degree in Psychology in the Honors Program.



ALLISON GRAY:
Allison will attend Roger Williams University in Bristol, RI to study Neuroscience with a psychology focus.





KARA LEACH:

Kara has decided to attend New England College in the fall to pursue her degree in Criminal Justice.



NATALIE MICHEL:

A Presidential Scholar, Natalie was admitted into the nursing program at UNH, in the Honors Program.



ANASTASIA PLATENIK:

Ana will spend the summer at Round Robin Farm in Vermont as a horseback riding camp counselor. She plans to attend UNH in the fall to study Veterinary Technology.



ABBY WARD:

Abby will attend Southern New Hampshire University in the Honors Program, majoring in psychology.

"Let us relish life as we live it, find joy in the journey, and share our love with friends and family."

Thomas S. Monson

STUDIO 109

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FOLLOW US

